

bsafe
FORKLIFT & SAFETY TRAINING
Three Day – First Aid at Work

Once qualified, holders of this certificate can be used as First Aiders in the Workplace in accordance with the Health and Safety at Work Act 1974. This course can be adapted to suit a particular audience i.e. clerical or engineering staff. The course is run over three days and includes both theory and practical sessions.

The syllabus includes:-

First Aid Priorities
Managing Incidents
Basic Life Support
Examination
Unconsciousness
Control of Bleeding
Fractures
Common Illnesses
Burns and Scalds
Heart Attacks
Eye Injuries
Dressings
Regulations
Recording and Reporting
First Aid Kits



This certification is valid for three years*, before expiry a re-qualification course will need to be undertaken. We provide ample written notice to employers, informing them of when an employee's certification is due for renewal. The re-qualification course takes place over two days.

Cost

The cost of this course is £525
Maximum 12 candidates
£15 charge per candidate to cover certification and manual
OFF SITE TRAINING - £150 PER PERSON

*Under the current guidelines it is “strongly recommended” that first aid trained staff attend a half-day update every twelve months – before completing full re-qualification training at the three year point.

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